

Substance use Impacts Adolescent as Well as Adults

Alcohol is the drug of choice among America's adolescents, used by more young people than tobacco or illicit drugs.

Underage drinking can cause alterations in the structure and function of the developing brain. New research indicates that the developing adolescent brain may be particularly susceptible to long-term consequences from alcohol use.

Some studies find that adolescents who drink heavily may experience adverse effects that disrupt normal growth and affect liver, bone, and endocrine development.

Information Obtain from U.S. Department of Health and Human Services (HHS), The Surgeon General's Call to Action to Prevent and Reduce Underage Drinking. HHS, Office of the Surgeon General, 2007.

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More males than females aged 12 to 20 reported binge drinking (21.1 percent compared with 16.1 percent) and heavy drinking (7.8 percent compared with 4.2 percent) in 2007.

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Who meets Criteria?



Youth ranging in age from 12 to 18 years old. Any adolescent who has used or is currently using substances or is at high risk for using substances.

Girls and boys will participate in gender specific groups to best need their treatment needs.

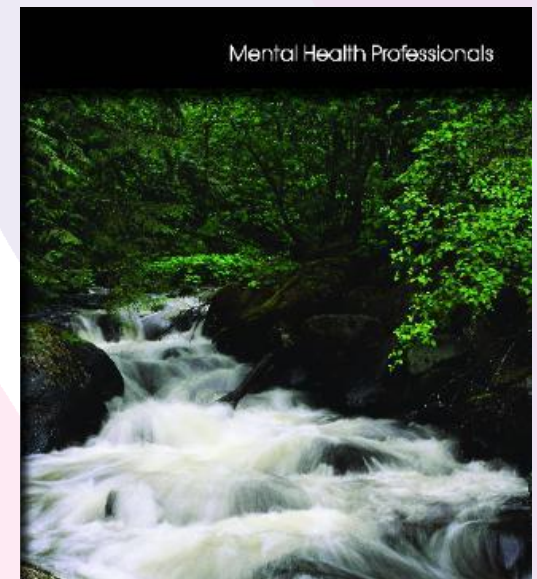
Referrals can be facilitated through the school, parents, family members, court and family physicians.

Who Facilitates the Group?

Andr  Pauritsch, M.A., LLP, CAAC and Cindy Bilinsky, LMSW, CAAC.

Both therapists specialize in working with adolescents and are Certified Advanced Addiction Counselors.

This group provides didactic education and psychotherapeutic interventions.



Adolescent Substance Abuse Group

Group provides interventions that facilitate the development of positive adaptive coping skills to lead toward abstinence from substance use.

